Obesity Report Predicts Staggering Weight Gain, Higher Costs for Health Care

Over the last year, residents of Chicago's Brighton Park neighborhood have been working on the community's obesity problem. For starters they conducted a "walk-ability" study and realized that the community would be more walk-able if the lines on several area crosswalks were repainted and a viaduct cleaned out.  
  
They even held a 5K walk/run to raise money to renovate the neighborhood's Kelly Park so families could exercise more.