School Lunches Vs. Fast Food.

School lunches are experiencing an overhaul due to the 2010 Child Nutrition Bill, because school lunches have been linked to obesity, according to the U.S. Federal Government. This is due to the drastic rise in overweight and obese children in America. Many parents feed their children junk food before and after kids attend schools,which adds onto the obesity issue. Unfortunately, children have minimal education and decision making ability on their diet, since they have to eat what is dished to them.